

bentgo[®]heat



electric
LUNCH BOX

USER MANUAL | MODEL: BGHEATBX

IMPORTANT SAFEGUARDS

CAUTION: Lunch Box Gets Extremely Hot

When using Bentgo Heat, basic safety precautions should always be followed, including:

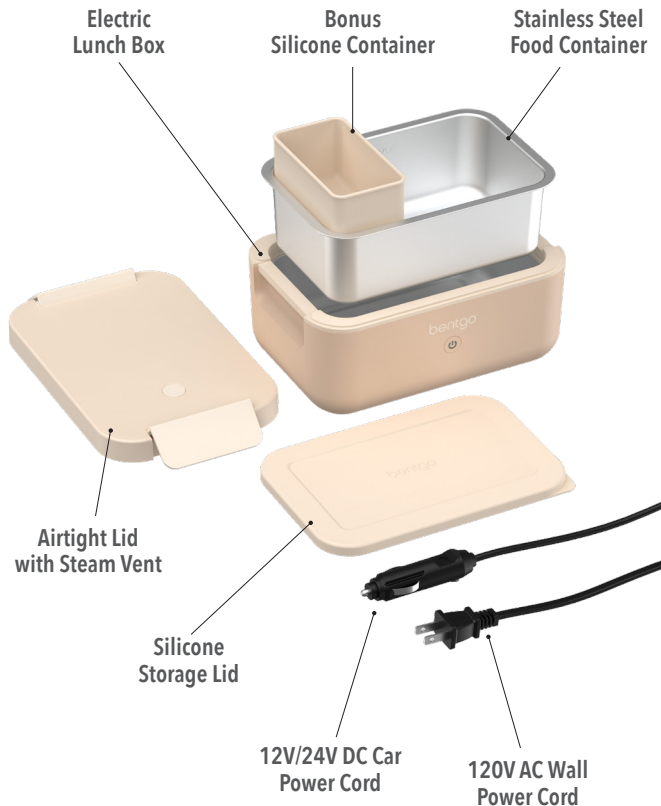
- READ ALL INSTRUCTIONS before using the Bentgo Heat Electric Lunch Box.
- WARNING: Spilled food can cause serious burns. Keep appliance and cord away from children.
- To protect against the risk of electrical shock, do not put the Lunch Box or power cords in water or other liquids.
- This Lunch Box is suitable for 120V AC (home or office), 12V DC (car), and 24V DC (truck). Always connect the power cord into the correct port on the back of the warming plate. Never connect the Lunch Box to AC and DC power at the same time.
- Use an electric wall outlet with the proper voltage and capacity. Unplug from outlet when not in use and before cleaning. Allow to cool before cleaning the appliance.
- Always attach power cord to appliance first, then plug cord into wall outlet. To turn off, unplug power cord from wall outlet.
- The surface of the warming base gets HOT. Do not touch the surface when warming food. Always use hot pads or potholders until unit cools.
- The use of accessory attachments that are not supplied by appliance manufacturer is not recommended as they may cause injuries.
- Do not place appliance near hot gas, electric burner, or heated oven.
- Avoid spilling hot liquids on the power cord connector.

IMPORTANT SAFEGUARDS

- Do not let the cord hang over the edge of a table or counter, or touch hot surfaces.
- Do not use with an extension cord or use outdoors.
- Do not use for anything other than intended use.
- When used around children, they should be supervised to ensure that they do not play with the appliance.
- Do not operate Lunch Box if the cords or ports are damaged, after the unit malfunctions, or if the unit is dropped or damaged in any manner. Contact customer service (see warranty) for examination, repair, or mechanical adjustment. If the supply cord is damaged, it must be replaced with a supply cord from the manufacturer or its service agent.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory, or mental capabilities, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Cleaning and user maintenance shall not be performed by children. Keep device and its cords out of the reach of children.
- This appliance has a polarized plug (one blade is wider than the other). To reduce risk of electric shock, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.

HOUSEHOLD USE ONLY
SAVE THESE INSTRUCTIONS

What's Included



How to Use Bentgo Heat

Cold meals are a thing of the past with the Bentgo Heat Electric Lunch Box, an innovative portable warming solution to take hot meals on the go. This sleek and compact lunch box uses advanced warming technology to gently warm your food to perfection, ensuring every bite is as delicious as if it were freshly prepared.

1. Insert the stainless steel container into the lunch box and remove the silicone lid. Seal the box with the Airtight Lid, locking the clips.

NOTE: The lunch box will not close if the silicone lid remains on the stainless steel container.



2. Plug the lunch box into wall or car outlet. Press the power button and let food warm for 45+ minutes. The LED light will turn on when lunch box begins warming.



3. Press the power button to turn off lunch box. Push the vent button to depressurize and unlock the clips to remove the lid. Enjoy your hot meal!

NOTE: The lunch box will automatically turn off after 4 hours.



Bentgo Heat Tips

- When opening the Airtight Lid, press down on the lid before unlocking the clips for easier opening.
- Plug in Electric Lunch Box at least 45 minutes before desired mealtime to have plenty of time to warm meal up.
- Meals that are not overly moist may dry out if left warming in the Electric Lunch Box for more than 4 hours.
- Stir the meal to help food warm up faster and prevent sticking at the bottom of the Stainless Steel Food Container.
- After initial warm up, the unit will keep your meal warm unplugged up to 2 hours while it is sealed inside the Electric Lunch Box.
- If there is a power outage and you are unaware of how long the power was out, we suggest discarding the food.
- Always transport unit upright when traveling to avoid possible food spills. We recommend always sealing Electric Lunch Box with Airtight Lid when transporting on the go.
- Electric Lunch Box, Airtight Lid, Stainless Steel Food Container, and Silicone Storage Lid are not oven or microwave safe.
- Always use oven mitts when handling the Stainless Steel Food Container after warming cycle.

Frequently Asked Questions (FAQs)

How do you turn the warming feature on?

Plug the lunch box into a wall socket (AC) or car socket (DC) using the respective cable and press the power button to turn on.

What is the maximum temperature for warming food?

The lunch box reaches up to 185°F (±46°F) and maintains that temperature until it is unplugged or it automatically turns off after 4 hours.

How long does it take to warm up food?

That depends on a variety of factors including:

- the type of food you are warming up
- the original temperature of the food
- the container you are using
- the power source (*NOTE: 120V wall outlet typically heats faster than 12V/24V car outlet*).

Most refrigerated pre-cooked meals warm up in 45-60 minutes. See page 9 for more detailed time estimates.

Does the Bentgo Heat keep food warm after unplugged?

Yes. If the Airtight Lid remains sealed, the food will remain warm for up to 2 hours after initial warm up.

How long does Bentgo Heat warm up food for?

Bentgo Heat will warm food up to 4 hours, at which point it will turn off automatically.

Can I remove the stainless steel container from the lunch box?

We recommend eating your meal out of the Electric Lunch Box and wait for the stainless steel container to cool before removing it.

Cooking Tips

Pre-Cooked Meals

Bentgo Heat is designed to warm pre-cooked meals. **We do not recommend using it to cook raw food.** Please follow the tips below for best results when warming meals.

Cooked Meat: The lunch box reaches up to 185°F (±46°F) and can cause meat to become well done if you leave it for hours. Experiment with shorter heat times to warm the meat perfectly and keep it moist and tender as originally cooked. Always check meat temperature before eating to ensure it is thoroughly warmed to 165°F.

Vegetables: Vegetable meals will maintain their moisture for hours and taste great.

Pasta: If there is plenty of sauce, pasta will taste as good as when it was first made. If it's not heavily sauced, add a tablespoon or two of water to ensure perfectly reheated pasta.

Rice Bowl: A rice bowl will take about an hour to warm up. Check in and stir rice periodically to ensure it doesn't stick to the bottom.

Soups: A full container can take an hour and a half to warm up completely, but will heat evenly and never burn at the bottom.

Food Warming Chart

When using Bentgo Heat to warm food, the chart below will give you an estimate of how long certain foods may take. **NOTE:** Warm-up time will vary depending on the type of container used, the original temperature of the food, and the power source (e.g. car vs. wall outlet).

Food	120V AC*	12/24V DC*
Pasta	45 minutes	50 mins to 1 hr
Soup	45 minutes	1 hr 10 mins to 1.5 hrs
Cooked Protein (Chicken or Steak)	1 hour	45 mins to 1 hr 5 mins
Rice Bowl	1 hour	1 hr 10 mins

Time estimate is based on pre-cooked food reaching 165°F. **Always check that food is warmed thoroughly to 165°F before eating.*

Care and Cleaning

- Unplug Bentgo Heat and allow it to cool to room temperature before cleaning.
- CAUTION: Do not submerge the lunch box in water.
- Remove food container, empty food out, and fill with warm soapy water to loosen food remains.
- To clean rubber seal on Airtight Lid, remove and hand wash with warm soapy water and let dry thoroughly.
- When reattaching rubber seal to lid, ensure it is secured and flat against food container to avoid any spills.
- To clean the lid, use a brush to remove all food. Press down on the steam vent to clean it thoroughly and let dry.
- To remove any water spots or other stains, use a non-abrasive cleaner or vinegar.
- Removable food container, silicone divider, and silicone lid are dishwasher safe.
- To clean the outside of Electric Lunch Box, use a soft cloth and warm soapy water. Wipe dry. Do not use abrasive cleaner.

This appliance has no user serviceable parts. Any servicing beyond that described in the Care and Cleaning section should be performed by an Authorized Service Representative.



DISPOSAL: Do not throw this product away with regular household waste. It must be collected separately for special disposal and treatment.

FCC Notice

Model: Bentgo Heat Electric Lunch Box (BGHEATBX)

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

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The product is protected against unauthorized use. DO NOT modify it without the authorization of the manufacturer, or the user's authority to operate could be voided.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Product Warranty

Bentgo offers an industry-leading 2 Year Warranty. If you have warranty or product questions, please contact us directly at:

Email: support@bentgo.com

Phone: (657) 275-3738

(Available Monday-Friday, 8am-5pm PST)

Specifications

Lunch Box Size:	8.4" W x 5.7" D x 6.9" H
Steel Container Capacity	4.1 cups 33 oz 976 ml
Silicone Container Capacity	1.2 cups 9.4 oz 278 ml
Weight	2.2 lbs
Cord Length:	3.4 feet (AC & DC cords)
Max Temperature:	185°F (±46°F)
Power:	Wall Plug: 120V AC Car Plug: 12V DC, 24V DC



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